

# Steering Committee Meeting

**February 9, 2026**  
**2:30-3:30pm ET**

# Agenda

Time	Topic	Speaker(s)
2:30pm – 2:35pm	Welcome	Michael Kurilla, Grace McComsey
2:35pm – 2:55pm	Pod Feedback	Chris Hartshorn - Steven Bernstein - Elizabeth Ofili
2:55pm – 3:15pm	WG Report Out: RWD-WFD Across the Translational Spectrum	Lead: Anita Walden, Shawn O’Neil Liaisons: Eric Vilain, Mimi Kim
3:15pm – 3:30pm	EC Update: Integration Across the Lifespan	Elisabet Borsheim, Mark Schleiss
3:30pm	Adjourn	Amanda Scott

# Pod Meeting Summary: August – September 2025

**Date Received:** August 4, 2025; September 9, 2025

**Pod Lead:** Steven Bernstein, Dartmouth Clinical and Translational Science Institute

**Pod Membership:** Dartmouth Clinical and Translational Science Institute, Johns Hopkins University, State University of New York at Buffalo, University of Pennsylvania, University of Pittsburgh, Weill Medical College of Cornell University

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## August 4, 2025

- CTSA Steering Committee updates included discussion of NIH/HHS budget situation; likely to operate under a Continuing Resolution (CR).
- New business:
  - Reviewed RPPR process to ensure alignment with Administration priorities.
  - Discussed Joint Associations Group (JAG) proposals for calculating noncompeting renewals.
  - Concerns raised about ongoing cost accounting requirements for compliance.
  - Reviewed noncompeting renewal status of UM1s, K12s, T32s in the pod; some modest delays noted.
  - Discussed posting announcements for non-NIH-supported lectures, conferences, and webinars on CTSA-supported platforms; considered adding disclaimers to comply with Administration priorities.

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## September 9, 2025

- Updates from CTSA Steering Committee:
  - Discussed NIH/HHS budget situation; likely to operate under a Continuing Resolution (CR).
  - Presentations from Dissemination & Implementation (D&I) and IDLE working groups.
  - Announced new directory of Element E projects.
- New business:
  - Discussion of noncompeting renewals; Buffalo and Cornell K12s renewed.
  - Adjustments needed to align with Administration priorities.
  - Notices of Award for new CTSA-aligned NOFOs; Dartmouth K12 funded.
- CTSA Fall Meeting discussed; the Pod looks forward to NIH Director's remarks.



# Pod Meeting Summary: September – October 2025

**Date Received:** September 4, 2025; October 2, 2025

**Pod Lead:** Elizabeth Ofili, Morehouse School of Medicine

**Pod Membership:** University of Miami, University of North Carolina Chapel Hill, Duke University, Medical University of South Carolina, Wake Forest University School of Medicine

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## September 4, 2025

- E. Ofili reminded the Pod of key dates and deadlines for the Fall CTSA Program Annual Meeting
- Invitation extended to the Southeast Regional Clinical and Translational Science Conference (March 11–13, 2026), open to all and designed to promote cross-institutional collaboration.
- The Pod emphasized the need for a standardized orientation checklist for onboarding new faculty and staff, including listserv enrollment, meeting invitations, and communication protocols.
- Concerns raised about the financial impact of the NIH open access policy, with publication fees reported as high as \$3,000–\$3,500 at some institutions. Institutions are exploring strategies to manage these costs, such as institutional guidance, library coordination, consortium-based fee waivers, and leveraging journal-specific policies.

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## October 2, 2025

- One institution shared a successful strategy for improving ClinicalTrials.gov registration and reporting compliance:
  - Internal audit revealed gaps; targeted initiative embedded compliance checks into research workflows.
  - Integrated registration reviews into startup processes, aligned timelines with federal requirements, and used centralized tracking tools.
  - Achieved near-total compliance and developed a scalable model for institutional oversight.
- Update provided on a working group focused on accelerating translational science through cross-CTSA case studies:
  - Steering Committee unanimously approved a six-month extension for the group.
  - Working group analyzing best practices across 30 CTSA; latest deliverable is a qualitative codebook to strengthen evaluation frameworks.
  - Strong support for extension and interest in broader engagement and transparent collaboration, ensuring institutions already engaged have opportunities to participate.





UNC

THE NORTH CAROLINA  
TRANSLATIONAL & CLINICAL  
SCIENCES INSTITUTE

# Real World Data workforce development across the translational spectrum

Co-sponsored by the Workforce Development and Biostatistics,  
Biomedical Informatics and Data Science (BIDS) enterprise committees

CTSA Steering Committee

Anita Walden and Shawn O'Neil

University of North Carolina Chapel Hill

Feb 9th, 2026

# RWD Working Group Leadership



**Melissa Haendel**

Director of Precision Health & Translational Informatics, Deputy Director of Computational Science – NC TraCS  
University of North Carolina



**Shawn O'Neil**

Assistant Director for Academic Excellence  
University of North Carolina



**Anita Walden**

Associate Director of Translational and Integrative Initiatives  
University of North Carolina



**Jiang Bian**

Chief Data Scientist, Regenstrief Institute  
Deputy Director, Indiana Clinical and Translational Sciences Institute (CTSI)  
BIDS EC co-Lead



**Jamie Mihoko Doyle**

Program Director, Digital & Mobile Technologies, CTSA  
NCATS Representative



**Lenore Roca**

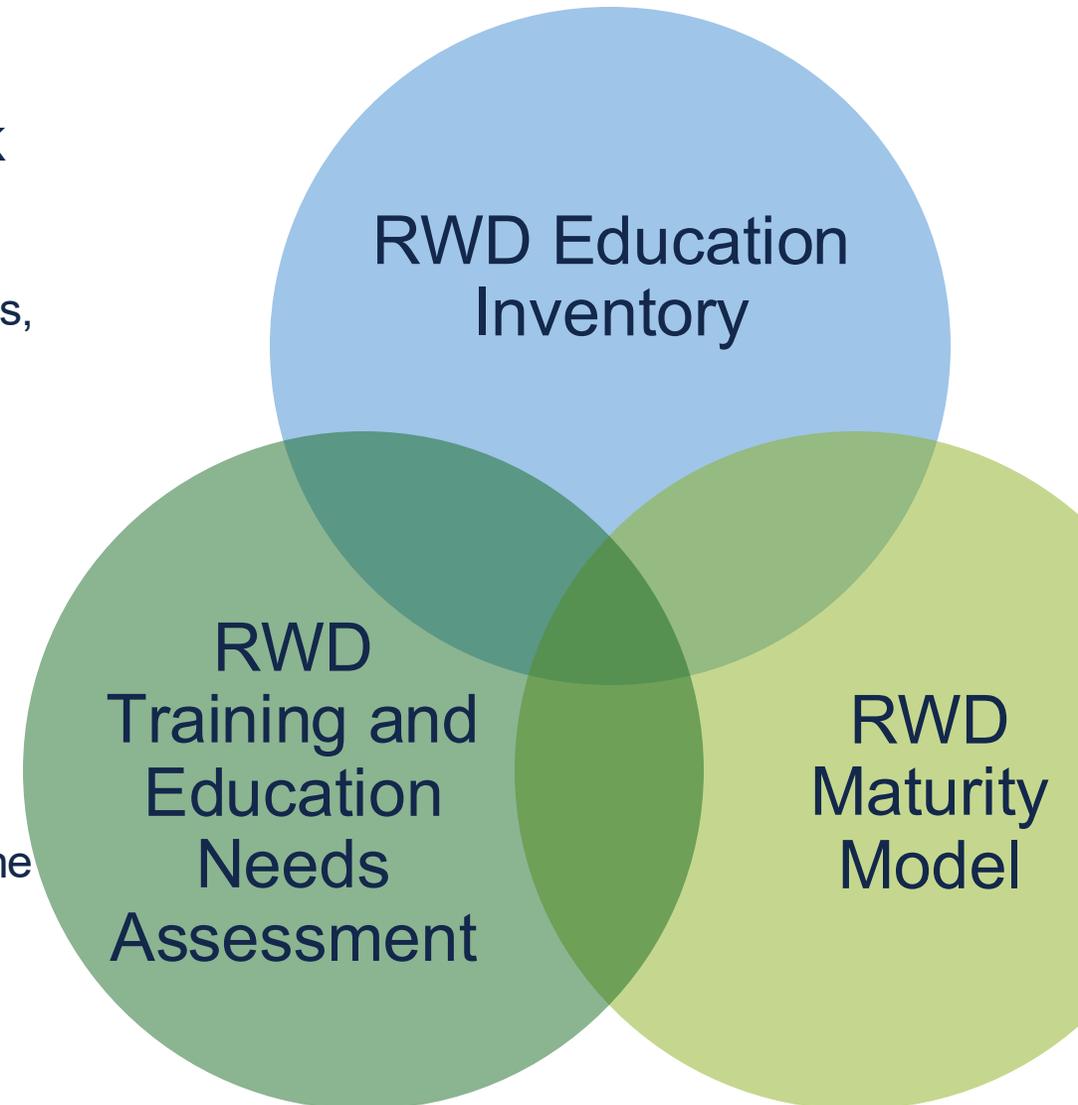
Meeting Coordinator, CCOS

# Real World Data Workforce Development Across the Translational Spectrum Working Group: Goals and Deliverables

**RWD Training and Education Needs Assessment** - what are the educational needs for people in using RWD in translational science? K & T scholars, early career researchers, CTSA, CTR, and affiliated institutional leadership, local biomedical informatics faculty and staff, and other domain experts including data scientists, clinical practitioners, regulatory specialists, legal/policy, and all career levels.

**RWD Education Inventory** - what is currently available in terms of educational resources and events to aid investigators learning how to use RWD in translational science? Do in collaboration with T, K, R25, AMIA, and other programs to increase educational collaboration opportunities and promote higher-quality, accessible RWD training.

**RWD Maturity Model** - What educational materials, environments, data, and opportunities does an institution need to provide to realize the professional development needed to effectively utilize RWD in translational science?



# Sub-Workgroups Progress

## Needs Assessment

- Finalized Needs Assessment survey
- Survey submitted to CCOS for review, WG made changes—pending
- Hosted training workshop at AMIA
- Next - Dissemination to the CTSA's and translational science community

**Lang Li**

Ohio CTSI

**Anita Walden**

UNC Chapel Hill

**Elizabeth Fortune**

VCU Wright CCTR

## Inventory

- Scoped types of inventory items to collect
- Identified metadata for inventory asset collection
- Developed and disseminated collaborative inventory spreadsheet
- Developed inventory dashboard with 64 educational resources

**Shawn O'Neil**

UNC Chapel Hill

**Mary Helen Mays**

Puerto Rico CTR

## Maturity Model

- Model criteria finalized
- Outlined paper and key questions for each pillar in the RWD maturity model
- Coordinating manuscript submission with AMIA Maturity model WG
- Paper drafted

**Timothy Huerta**

Ohio CTSI

**Olga Montaner**

NJ ACTS (Rutgers)

# Institutional Training Needs Assessment Questionnaire

## PURPOSE

To identify each CTSA organization's Real-World Training needs

## INTENDED AUDIENCE

Anyone who needs training on Real World Data and Evidence including, Research staff, trainees, support staff, investigators

## SCOPE

Different data sources, data governance, analytic tools and methods (This does not include programming tools such as "R", SAS...)

## TIMEFRAME

Distribution once approved by the CTSA Steering Committee and CCOS

# Real-World Data Training Survey Question Examples

Which of the following real-world data (RWD) types are you familiar with and which would you like to learn more about? Select all that apply.

	Knowledge Level			Want to Learn More interested	Satisfactory Training Training is available
	No Knowledge	Some knowledge, no experience	Hands-on experience		
Electronic Health Record (EHR) Data (ex: how to integrate, quality, characteristics)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Claims/Billing Data (ex: differences between Claims and EHR data, uses, challenges)	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Clinical Vocabularies (e.g. ICD, RxNorm, LOINC)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Wearables Data	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Signals Data (e.g. EEG)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Imaging Data	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Surveys/Patient-reported Data (ex: how to implement, quality, accuracy)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Social Determinants of Health Data	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Environmental/Geospatial-temporal Data	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Genomic/Genetic Data	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Other (fill in text box)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Whether in person or online, which training approach do you prefer? Select one.

- Independent (Self-directed, customizable, individualized)
- Programmatic (Structured with defined milestones and assessments)

What data science training options do you prefer? Select all that apply. (For each, select one of the matrix responses: "Dislike", "Acceptable", or "Preferred"). Be realistic, considering depth of learning and time commitments.

	Dislike	Acceptable	Preferred
Hands-on Workshop	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Introductory Level Seminar	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Multi-session Course	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Multi-day Bootcamp	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Recurring Seminar Series on Related Topics	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Community of Practice / Peer Groups	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Text (e.g. Books, Articles, Blogs)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Video (e.g. Streaming Library)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Audio (e.g. Podcasts)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Other (fill in text box)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

# Training Asset Inventory

**Goal:** Identify training resources to aid sharing across CTSAs and take the “pulse” of what different institutions think is important

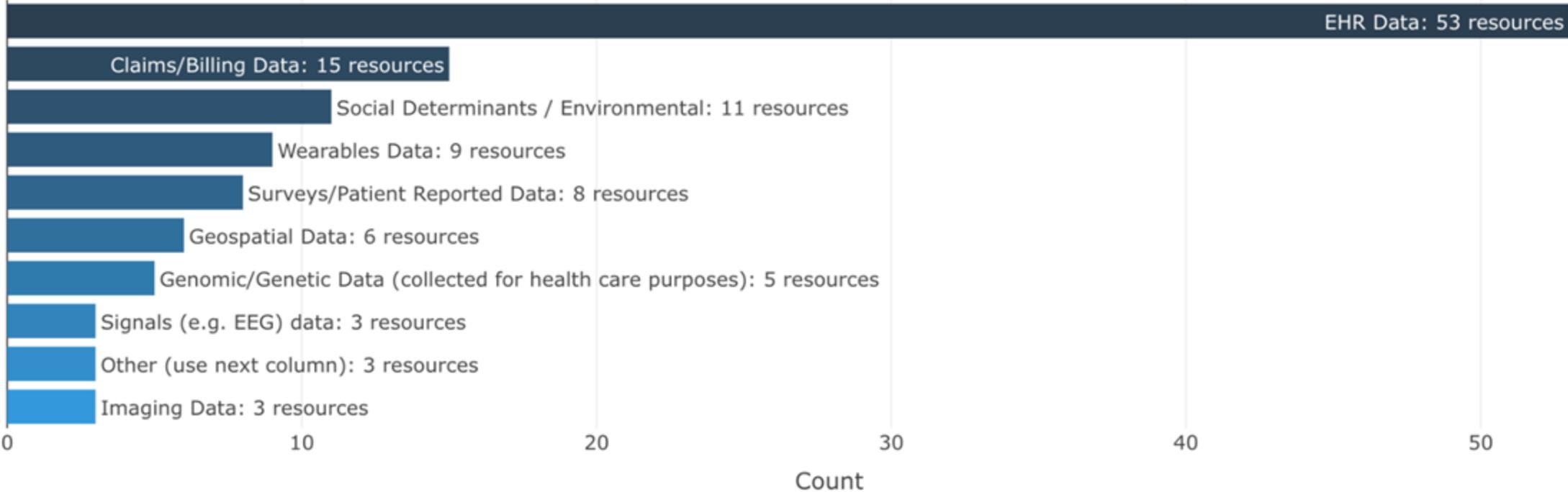
**Status:** Inventory is live, dashboard is deployed

**Dimensions:** Many educational assets are community led, much richer EHR assets than other data types

**Next steps:** Inventory could be maintained by CCOS, main immediate goal is to inform training material development within and across CTSAs

# RWD Training Asset Inventory

Resources by RWD Type



Browse & Contribute:  
[dashboard/](#)

<https://rwdcollaborative.github.io/rwd-wg->

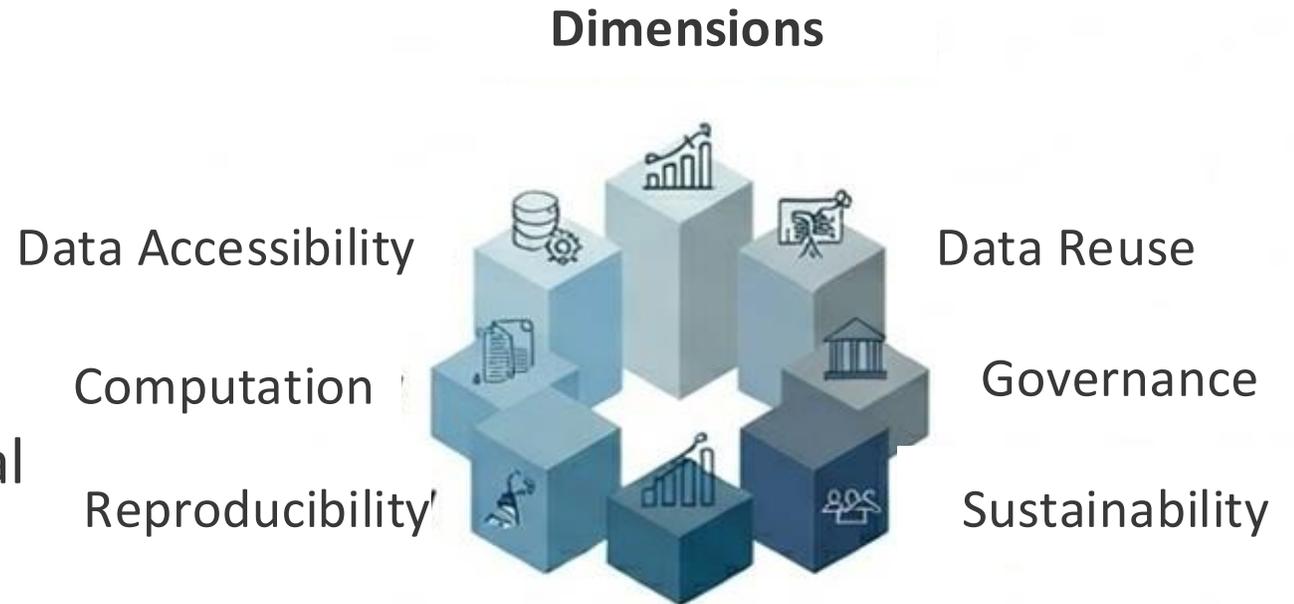
# Institutional RWD Workforce Development Maturity Model

**Goal:** Identify opportunities for growth in workforce capabilities.

**Status:** Model and manuscript in draft

**Levels:** Basic, Emerging, Developing, Advanced, and Mature

**Dissemination Target:** Journal of Clinical and Translational Science (JCTS), AMIA Podium Abstract



*Draft*

# Lessons & Outcomes

- Designing the needs assessment highlights the great diversity in potential skills, knowledge, technologies, and RWD methods RWD.
  - Formal needs assessment at each institution will identify priority areas.
- Existing training and educational offerings are slim and difficult to identify where they exist. A few institutions are well equipped, most appear to offer little specifically for RWD workforce development.
  - The inventory catalogues a number of offerings, many of which are offered by consortial groups (e.g. OHDSI, HL7).
- Existing RWD-related maturity models focus on *technical infrastructure*, there is a significant gap in frameworks for assessing workforce readiness.
  - Paper in prep will provide a unique perspective

# Questions to SC

- What RWD training information would be most helpful to the SC as we conclude our WG this summer?
- How can we help the CTSA community best adapt to this changing world of data accessibility, numerous platforms, and thereby ready our workforce?

# Get Involved

**Full WG Meeting Cadence: Monthly 2nd Thursday of each month through June 2026**

*Next: Thursday, Feb 12th at 12:00pm Eastern*

## Subgroup Meetings

*Per subgroup, ~ every 2 weeks*



[Lenore.Roca@icf.com](mailto:Lenore.Roca@icf.com)

**Lenore Roca**  
CTSA CCOS Meeting  
Coordinator, ICF  
Resources  
CCOS Support



[sruthi@tislabs.org](mailto:sruthi@tislabs.org)

**Sruthi Magesh**  
University of North  
Carolina at Chapel Hill  
Project Manager

# Integration Across the Lifespan Enterprise Committee

Report Out to the CTSA Steering Committee

February 9, 2026

# Integration Across the Lifespan (IAL)

## Purpose & Goals

- The purpose of the IAL Enterprise Committee (EC) is to integrate translational science across complex populations and throughout an individual's lifespan.
- The IAL EC...
  - **Goal 1:** ...aims to integrate translational science across all stages of life, with the ultimate goal of improving the health of all individuals.
  - **Goal 2:** ...is focused on launching initiatives to investigate disparities in disease progression and treatment among special and complex populations.
  - **Goal 3:** ...is primarily focused on developing an integrated and cohesive approach to translational science that spans across all phases of research.

# Integration Across the Lifespan 2026 Leadership Team



**Mark Schleiss, MD**  
University of Minnesota



**Elisabet Børsheim, PhD**  
Univ. of Arkansas for Medical Sciences



**Barrett Bowling, MD, MSPH**  
Duke Clinical and Translational  
Science Awards



**Karen Wilson, MD, MPH**  
University of Rochester



**Kristen Beavers, PhD, MPH, RD**  
Wake Forest University Health  
Services



**Jessica Lee, MD, MS, AGSF**  
University of Texas Health Science  
Center at Houston



**Vj Periyakoil, MD**  
Stanford University

## Committee Structure

- **NIH/NCATS Representatives**
  - Gallya Gannot, DMD, PhD
- **TIN Representative**
  - Daniel Hanley, PhD
- **Steering Committee Representative**
  - Mark Schleiss, MD
- **CCOS Support**
  - Melissa Brady
- **Voting Members**
  - 66 Voting Members (1 Per Hub, Per EC)

# Integration Across the Lifespan

## Current Initiatives & Information to Share

- **Oct 2024 – Present:** 12 full membership meetings with presentations related to lifespan/life course topics and research.
- **Membership:** 147 members with representation from 65 hubs.
- **Two current working groups:**
  - *Engaging Individuals with Disability in the Research Process* (Lead: Dr. Daniel Armstrong).
  - *Pediatric Clinical Trials* (Leads: Dr. Karen Wilson and Dr. Mark Schleiss).
- **Collaborations with EC Workforce Development:**
  - Cross-presentations in full membership meetings.
  - Discussions of needs for workforce training in lifespan research.
- **Organized Scholarly Session** at PAS 2025 (Pediatric Academic Societies annual meeting):
  - *“Pediatric Research in the CTSA: The Importance of Integrating Child Health into Lifecourse Research”*.
- **Life Course Research Visual Toolkit:**
  - The innovative [NCATS Life Course Research Visual Toolkit](#) was previously created to advance the recommendations outlined in “Charting the Life Course: Emerging Opportunities to Advance Scientific Approaches Using Life Course Research”.
  - Available on YouTube.

# Speaker Presentations (October 2024 – Present)

Date	Presenter	Presentation Title
October 22, 2024	Leena Mithal, MD, Lurie Children's Hospital of Chicago	Advancing translational research on the impact of pregnancy and early life exposures on maternal and child health
November 19, 2024	Elisabet Børsheim, PhD, University of Arkansas	The Arkansas Children's Nutrition Center: Nutrition and Physical Activity Research to Advance Maternal and Child Health for a Strong Future
March 25, 2025	Anita Walden, MS, Shawn O'Neil, PhD, Melissa Haendel, PhD, University of North Carolina	Introducing the Real World Data Workforce Development Across the Translational Spectrum Working Group
April 23, 2025	Edwin van Wijngaarden, PhD, University of Rochester	Methylmercury exposure, health and development across the lifespan in high fish consumers: Insights from the Seychelles Child Development Study
May 27, 2025	Sarah Tom, PhD, MPH, Columbia Public Health	Women's reproductive health over the life course

# Speaker Presentations (October 2024 – Present)

Date	Presenter(s)	Presentation Title
June 25, 2025	<ul style="list-style-type: none"> <li>Daniel Davis, Ph.D.</li> <li>Qiman Gao, Ph.D., M.Sc., B.D.S.</li> </ul>	<ul style="list-style-type: none"> <li>Can Simple Footwear Modifications Put the Pep Back in the Step of Older Adults</li> <li>Toward Precision Care: Epigenetic Biomarkers for High-Risk Patients with Temporomandibular Disorders</li> </ul>
July 22, 2025	Barrett Bowling, MD, MSPH, Duke University	Maximizing research participation among older adults using the 5Ts
August 27, 2025	Vicki Ellingrod, PharmD, FCCP, FACNP, University of Michigan & Maija Williams, MPH, Rockefeller University	CTSA Workforce Development Enterprise Committee
September 23, 2025	Sharad Wadhvani, MD, MPH, University of California San Francisco	Addressing economic hardships to improve long-term outcomes for children after liver transplant
November 25, 2025	Janelle Liu, PhD, Cedars-Sinai Medical Center	Presentation: Foundations of Lifespan Health: How Prenatal Substance Exposure Shapes Early Brain Development
November 25, 2025	Sarah Urbut, MD, PhD, Harvard Medical School	Presentation: Aladynoulli - A Bayesian Walkthrough the Lifespan
January 27, 2026	Michelle Grady, CCRP, Mayo Clinic	Screening for Chronic Stress Across the Lifespan

# IAL EC meeting, Arlington, October 22nd, 2025

32 attendees: 20 in person, 12 virtual.

## Agenda:

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**4:00** Welcome

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### Working Group Report Outs

- 4:05**
- **(4:05 – 4:30)** Pediatric Clinical Trials Working Group, Presented by Karen Wilson, MD, MPH, University of Rochester
  - **(4:30 – 4:55)** Engaging Individuals with Disability in the Research Process Working Group, Presented by Jareen Meitzen-Derr, PhD, Cincinnati Center for Clinical and Translational Science and Training
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### Presentations & Panel Discussion on Sustaining Cohort Engagement and Retention in Longitudinal Research

- 4:55**
- **(4:55 – 5:20)** Methylmercury exposure, health and development across the lifespan in high fish consumers: Insights from the Seychelles Child Development Study, Presented by Edwin van Wijngaarden, PhD, University of Rochester
  - **(5:20 – 5:45)** A longitudinal randomly selected population cohort research and Public Health across the lifespan, Presented by Joseph McCormick, MD, MPH, UTHealth Houston School of Public Health
  - **(5:45 – 6:05)** Panel Discussion / Q&A
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# IAL EC meeting, Arlington, October 22nd, 2025 Continued Agenda:

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**6:05** Break

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Breakout Sessions: Opportunities to enhance recruitment and retention across the lifespan using the 5Ts\*

**6:10**

- (6:10 – 6:20) Introduction & Instructions
  - (6:20 – 6:40) Breakout Discussions (Groups divided into Pediatrics; Young Adults + Adults; Older Adults)
  - (6:40 – 6:55) Report Back
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**6:55** Closing Remarks

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**7:00** Adjourn

[The 5Ts Framework](#): Tools, Target Population, Team, Time, and Tips to Accommodate

# Working Group Members

## CTSA Pediatric Clinical Trials WG



**Karen Wilson, MD, MPH**

Chair, University of Rochester  
[karen\\_wilson@urmc.rochester.edu](mailto:karen_wilson@urmc.rochester.edu)



**Mark Schleiss, MD**

Co-chair, University of Minnesota  
[schleiss@umn.edu](mailto:schleiss@umn.edu)



**Pablo Cure, MD, MPH**

NIH/NCATS Representative  
[pablo.cure@nih.gov](mailto:pablo.cure@nih.gov)

- **26 Total Members**
- **Representation from 16 Hubs**

- Daniel Armstrong, University of Miami School of Medicine
- Elisabet Borsheim, University of Arkansas for Medical Sciences
- Sunanda Gaur, Rutgers Biomedical and Health Sciences
- Cynthia Gerhardt, Research Institute at Nationwide Children's Hospital
- Neil Goldenberg, Johns Hopkins University
- Jessica Kahn, Albert Einstein College of Medicine
- Sunitha Kaiser, University of California, San Francisco
- Dwight Koeberl, Duke University
- Chester Koh, Baylor College of Medicine
- Susanna McColley, Northwestern University

- Peter Mourani, University of Arkansas for Medical Sciences
- Paul Palumbo, Dartmouth College
- Tamara Simon, University of Southern California
- Nora Singer, Case Western Reserve University
- Ron Sokol, University of Colorado
- Dixie Thompson, University of Utah
- Miriam Vos, Emory University
- Guy Brock, Ohio State University
- Laura Baker, Seattle Children's Hospital
- Jodi Smith, Seattle Children's Hospital
- Jeanne Holden-Wiltse, University of Rochester

# Purpose

## Pediatric Clinical Trials WG

1. To enhance the CTSA Consortium and individual investigator **knowledge and expertise** in pediatric clinical trial development and implementation across the CTSA network and beyond.
2. To increase the **number, efficiency, and effectiveness** of pediatric clinical trials and expand access for all.



# Working Group Members

## CTSA Engaging Individuals with Disability in the Research Process WG



**Daniel Armstrong, MD**  
Chair, University of Miami



**Jamie Doyle, PhD**  
NIH/NCATS Representative

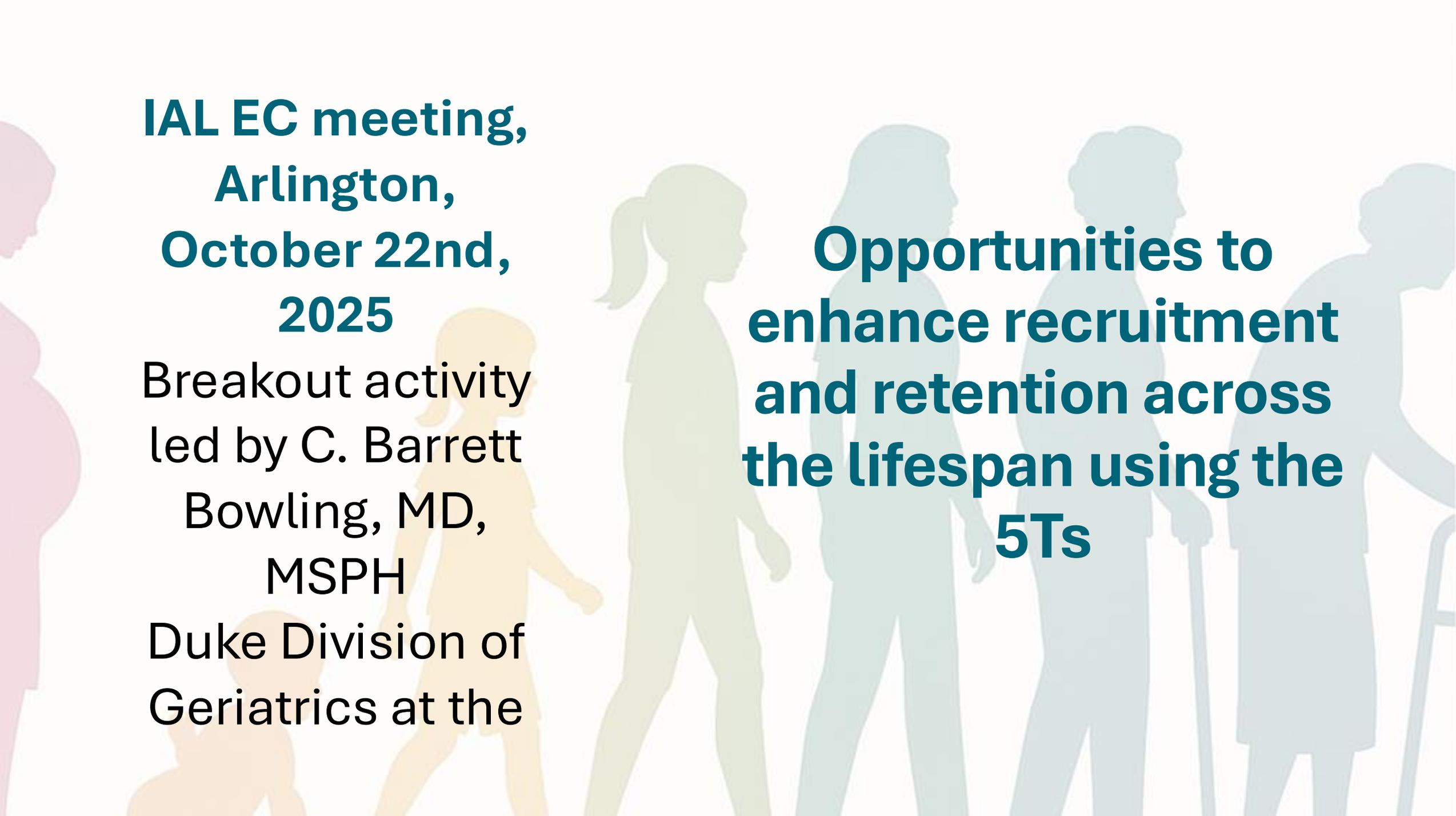
- Kathleen Angkustsiri, University of California at Davis
- Katherine Aquino, Rutgers Biomedical and Health Sciences
- Daniel Armstrong, University of Miami School of Medicine
- Kara Ayers, Cincinnati Children's Hospital Medical Center
- Nomita Bajwa, University of Houston
- Cathy Bodine, University of Colorado Denver
- Karen Bonuck, Albert Einstein College of Medicine
- Rachel Bracken, Northeast Ohio Medical University
- Heather Brown, Other
- Monty Butts, University of Miami School of Medicine
- Shannon Casey, University of Wisconsin Madison
- Keith Diaz, Columbia University Health Sciences
- Deborah DiazGranados, Virginia Commonwealth University
- Kimiko Domoto-Reilly, University of Washington
- Jamie Doyle, National Center for Advancing Translational Sciences
- Elizabeth Eckstrom, Oregon Health & Science University
- Rebecca Fischbein, Northeast Ohio Medical University
- Jeanine Genkinger, Columbia University Health Sciences
- Rashmi Gopal-Srivastava, National Center for Advancing Translational Sciences
- Jeff Grever, Ohio State University
- Jada Holmes, Morehouse School of Medicine
- Emily Hotez, University of California Los Angeles
- Joe Hunt, Indiana University-Purdue University at Indianapolis
- Dario Kuzmanovic, University of Southern California
- Robin Lanzi, University of Alabama at Birmingham
- Denise Lillis, State University of New York at Buffalo
- Scott McIntosh, University of Rochester
- Jareen Meinen-Derr, Cincinnati Children's Hospital Medical Center
- Jeffrey Neul, Vanderbilt University Medical Center
- Heather Risser, Northwestern University
- Tracie Rosser, Emory University
- Rodney Samaco, Other
- Mark Schleiss, University of Minnesota
- Julie Schwan, University of Rochester
- Nora Singer, Case Western Reserve University
- Abby Spike, University of Rochester
- Susan Stark, Washington University
- Aimée Williams, University of California, San Francisco

- **44 Total Members**
- **Representation from 26 Hubs**

# Purpose

## Engaging Individuals with Disability WG

- The overarching purpose is to provide the context and strategies for investigators to actively engage with the disability lived experience community in the conduct of research.
- To accomplish this, we are focusing on outcomes that both contribute to scientific knowledge and are meaningful to the disability community and individuals in that community and help address factors that limit meaningfulness such as equity, social stigma, accessibility, and resources.
- We anticipate that this model will be generalizable to research on almost all diseases and conditions.



**IAL EC meeting,  
Arlington,  
October 22nd,  
2025**

Breakout activity  
led by C. Barrett  
Bowling, MD,  
MSPH

Duke Division of  
Geriatrics at the

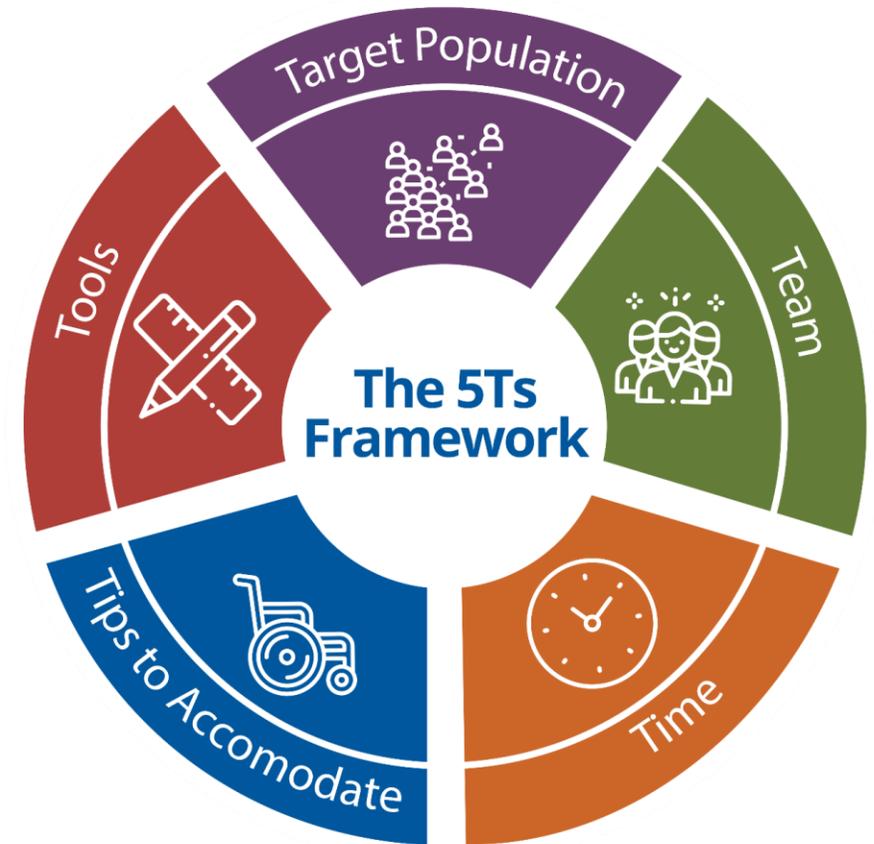
**Opportunities to  
enhance recruitment  
and retention across  
the lifespan using the  
5Ts**

# Purpose

To facilitate an interactive discussion on the challenges and opportunities for improving research recruitment and retention at various stages across the lifespan

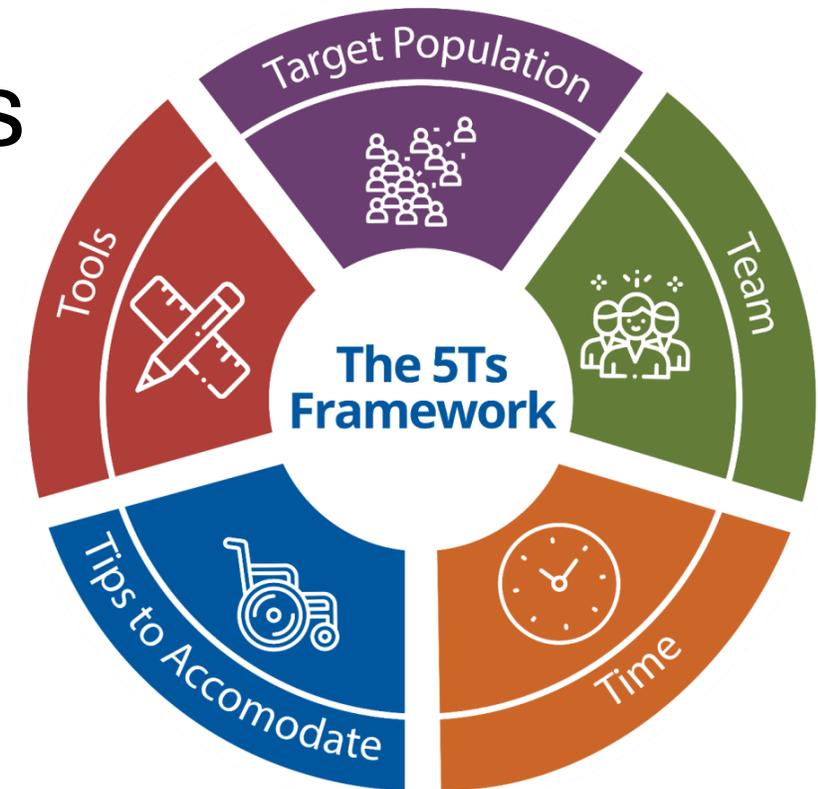
# What is the 5Ts Framework?

- Set of recommendations to address challenges to recruitment
- Recommendations are organized into 5 key areas
- Provides a systematic way for researchers to think about inclusion of older adults
- Designed to teach research staff and investigators who are new to aging (not for the experts in the field)



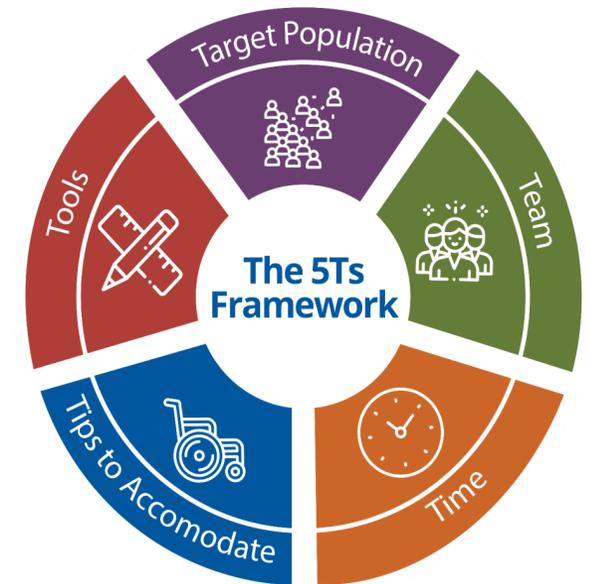
Small group discussion on specific stages across the lifespan using the 5Ts:

- Pediatrics, including adolescents
- Young adults & adults
- Older Adults



# Discussion at IAL EC meeting, Arlington

1. What specific recruitment challenges occur in this life stage?
2. What strategies may help overcome these challenges?
  - 2a. What “T” (if any) could they fit in?
3. What resources already exist for this life stage?



**Thank you!**



# Next Meeting: February 23, 2026

## Agenda

- Pod Feedback
- Pod Spotlight: Georgia Clinical & Translational Science Alliance
- WG Report Out: Translational Science Competency Based Assessment (TS-CBA)

